



August 25, 2023

Catechetical Sunday – September 17, 2023

Dear Brothers and Sisters in Christ:

Catechetical Sunday is always celebrated near the end of September. This month is such an eventful time for catechists, teachers, and students who are returning to classrooms in Catholic schools and faith formation programs in parishes.

The theme of Catechetical Sunday this year is “Come to me all you who labour and are burdened.” (Matthew 11:28) These words emphasize that the Lord Jesus calls to each of us where we are at – even amid the stress, the difficulties, and the messiness of life. They also point to the very important ministry of catechists who help others to hear this call to a relationship of faith in Jesus.

Following Christ does not add to our burdens but marvellously eases and lightens them. As He says: “My yoke is easy, and my burden is light.” (Matthew 11:30) We are grateful to God for the work of so many people in our parishes and schools who dedicate themselves as catechists and teachers of children, youth, and adults in this diocese.

I invite everyone to pray for all teachers and students today and throughout the year as they continue to witness to our Saviour Jesus, foster friendship with Him, and give glory to the most Holy Trinity by lives of service.

Sincerely in Christ the Good Shepherd,

+ Stephen A. Hero

✠ Most Rev. Stephen A. Hero
Bishop of Prince Albert