



Preparing for The Jubilee 'Prayer'

*Diocese of Prince Albert
Liturgy Office*



Prayer

There are many reasons and ways to pray, but at the root of prayer is always the desire to be open to God's presence and His offer of love. It is the Spirit of the Son that calls the Christian community to prayer and allows for each person to return to the Father. It was Jesus who entrusted His disciples with the Lord's Prayer, which is commented on by the Catechism of the Catholic Church (cf. CCC 2759-2865).

The Christian tradition also offers other texts, such as the Hail Mary, that can help to find words to address God: "By a living transmission—Tradition—the Holy Spirit in the Church teaches the children of God to pray" (CCC 2661).

The of prayer opportunities on the journey show that the pilgrim holds the path to God "in his heart" (Psalm 83:6). Refreshment is also provided by the various stops and opportunities for rest along the way, which are often organized around shrines, sanctuaries, and other places filled with spiritual significance, where one realizes that — before us and alongside us — other pilgrims have also passed along and traveled those same roads. Indeed, the paths leading to Rome have often been trod by many saints.

**Information on this page taken from
<https://www.iubilaeum2025.va/en.html>

Main Jubilee of Hope themes to consider with prayer:

1. A Universal Call to Jubilee: to be celebrated in Rome and worldwide
2. Hope: rooted in Baptism and enlivened by the Holy Spirit, faith, hope, love, and patience sustain us
3. A Journey of Hope: we are a pilgrim people
4. Signs of Hope: the desire for peace and justice and the call to be signs of hope for the poor, imprisoned, sick and dying
5. Appeals for Hope: ensuring the fruits of the earth are available to everyone, the forgiveness of debt, and celebrating the 1700th Anniversary of the Council of Nicaea, emphasizing our call to be synodal and to evangelize
6. Anchored in Hope: the death and resurrection of Jesus, the witness of the Mother of God, the saints and martyrs, the gift of indulgences and the importance of the sacrament of penance

SPES NON CONFUNDIT (HOPE DOES NOT
DISAPPOINT)
BULL OF INDICTION OF THE ORDINARY JUBILEE OF
THE YEAR 2025
FRANCIS BISHOP OF ROME
SERVANT OF THE SERVANTS OF GOD
9 MAY 2024

Rhythm of Living and Praying

The simple but bold bid to “pray without ceasing” (1 Thessalonians 5:17) has grounded the pattern of Christian prayer from the very beginning. Jesus surely showed us the way. The gospels (especially the Gospel of Luke) frequently mention that Jesus prayed in the synagogue and in the temple. At other times he withdrew to a quiet place. Prayer – basking in God’s presence – is an instinctive response to a God who loves intimately and unfailingly.

*This section is taken from ‘Morning and Evening: A Parish Celebration’ by Joyce Ann Zimmerman, CPPS



Adoration; one form of prayer

The Mass is the primary way we join ourselves to the dying and rising of the Lord. We gather through, with, and in Christ to offer thanks and praise to the Father and to eat and drink of Christ’s Body and Blood. In the Mass we are transformed by the Holy Spirit so that we can be Christ in our world – part of the body of Christ that we are and are always more deeply becoming.

Eucharistic Adoration, on the other hand, is a wonderful way to pause in our busy lives, to step into the presence of God, to marvel at the great mystery of love celebrated in the Eucharist, to thank God for it, and to pray about what it means to share in Christ’s Body and Blood and be his disciples in the world around us.

...Focus on the heart of Adoration, inspire your own prayer in the presence of the Lord, and lead you back to participate ever more deeply in the celebration of the Eucharist.

*The above section is taken from ‘Prayers For Eucharistic Adoration’ by Daniel Connors

Exposition

95. During the exposition there should be prayers, songs, and readings to direct the attention of the faithful to the worship of Christ the Lord.

To encourage a prayerful spirit, there should be readings from scripture with a homily or brief exhortations to develop a better understanding of the eucharistic mystery. It is also desirable for the people to respond to the word of God by singing and to spend some periods of time in religious silence.

*The Rites: Vol 1: Holy Communion and Worship of the Eucharist outside Mass